





# Exodus 16:13-16, 31

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In the morning there was a layer of dew around the camp. When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. When the Israelites saw it, they said to each other, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread the LORD has given you to eat. This is what the LORD has commanded: "Everyone is to gather as much as they need.



# Exodus 16:27-30

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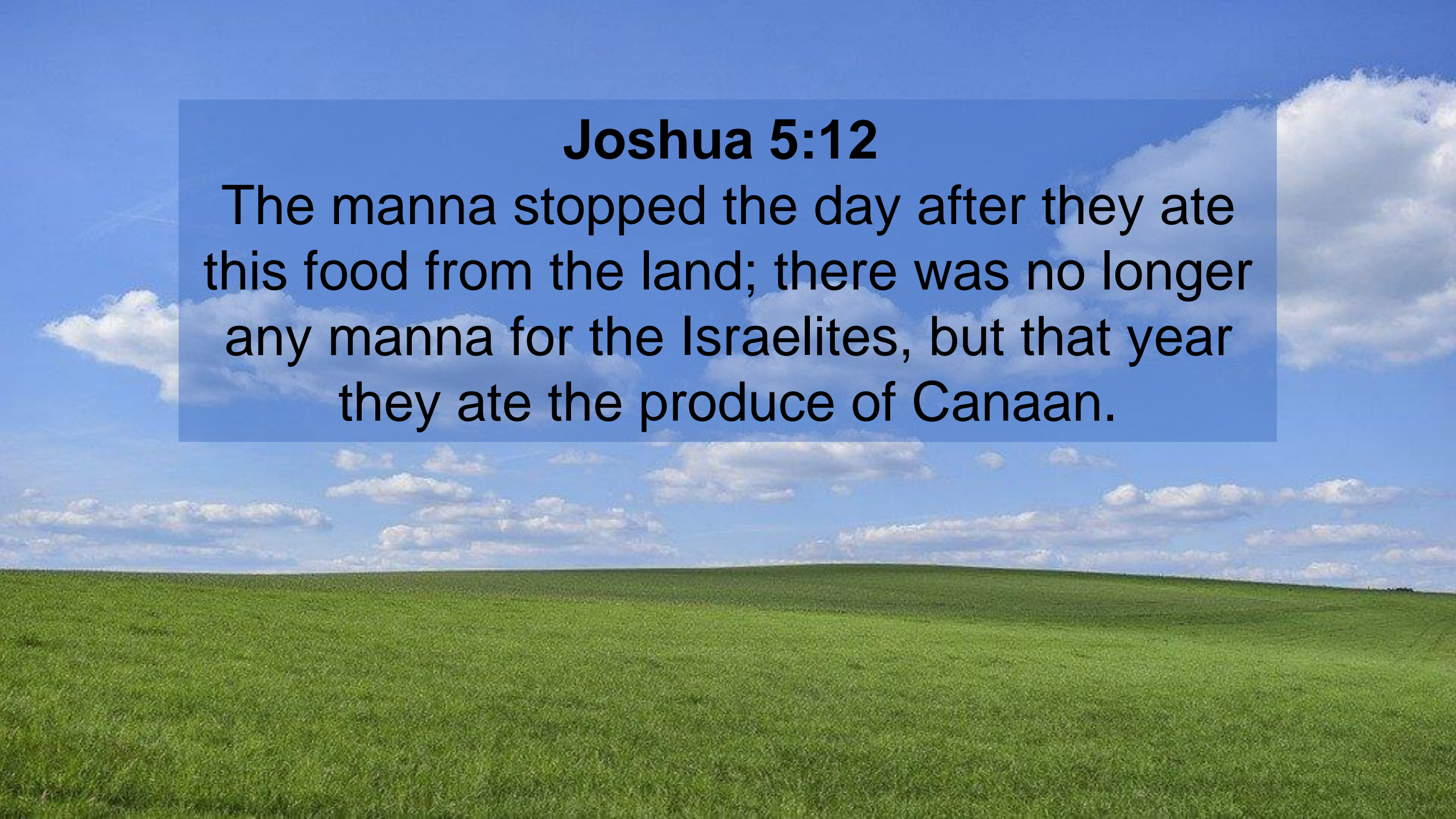
Nevertheless, some of the people went out on the seventh day to gather it, but they found none. Then the LORD said to Moses, 'How long will you refuse to keep my commands and my instructions? Bear in mind that the LORD has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where they are on the seventh day; no one is to go out.' So the people rested on the seventh day.





## **Joshua 5:12**

The manna stopped the day after they ate this food from the land; there was no longer any manna for the Israelites, but that year they ate the produce of Canaan.





# Numbers 11:4-6

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The rabble with them began to crave other food, and again the Israelites started wailing and said, 'If only we had meat to eat! We remember the fish we ate in Egypt at no cost – also the cucumbers, melons, leeks, onions and garlic. But now we have lost our appetite; we never see anything but this manna!'







*Give us today our daily bread*  
*Matthew 6 : 11*





# Matthew 6:31-34

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So do not worry, saying, “What shall we eat?” or “What shall we drink?” or “What shall we wear?” For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.





# John 6:26-27

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You are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.





# John 6:26-27

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You are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. **Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you.** For on him God the Father has placed his seal of approval.





# **John 6:29-31**

Jesus answered, 'The work of God is this: to believe in the one he has sent.'





# John 6:29-31

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Jesus answered, 'The work of God is this: to believe in the one he has sent.' **So they asked him, 'What sign then will you give that we may see it and believe you? What will you do?'**





# John 6:29-31

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Jesus answered, 'The work of God is this: to believe in the one he has sent.' So they asked him, 'What sign then will you give that we may see it and believe you? What will you do? **Our ancestors ate the manna in the wilderness; as it is written: "He gave them bread from heaven to eat."**





# John 6:32-34

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Jesus said to them, 'Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who **gives** you the true bread from heaven.





# John 6:32-34

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Jesus said to them, 'Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven.

**For the bread of God is the bread that comes down from heaven and gives life to the world.'**





# John 6:32-34

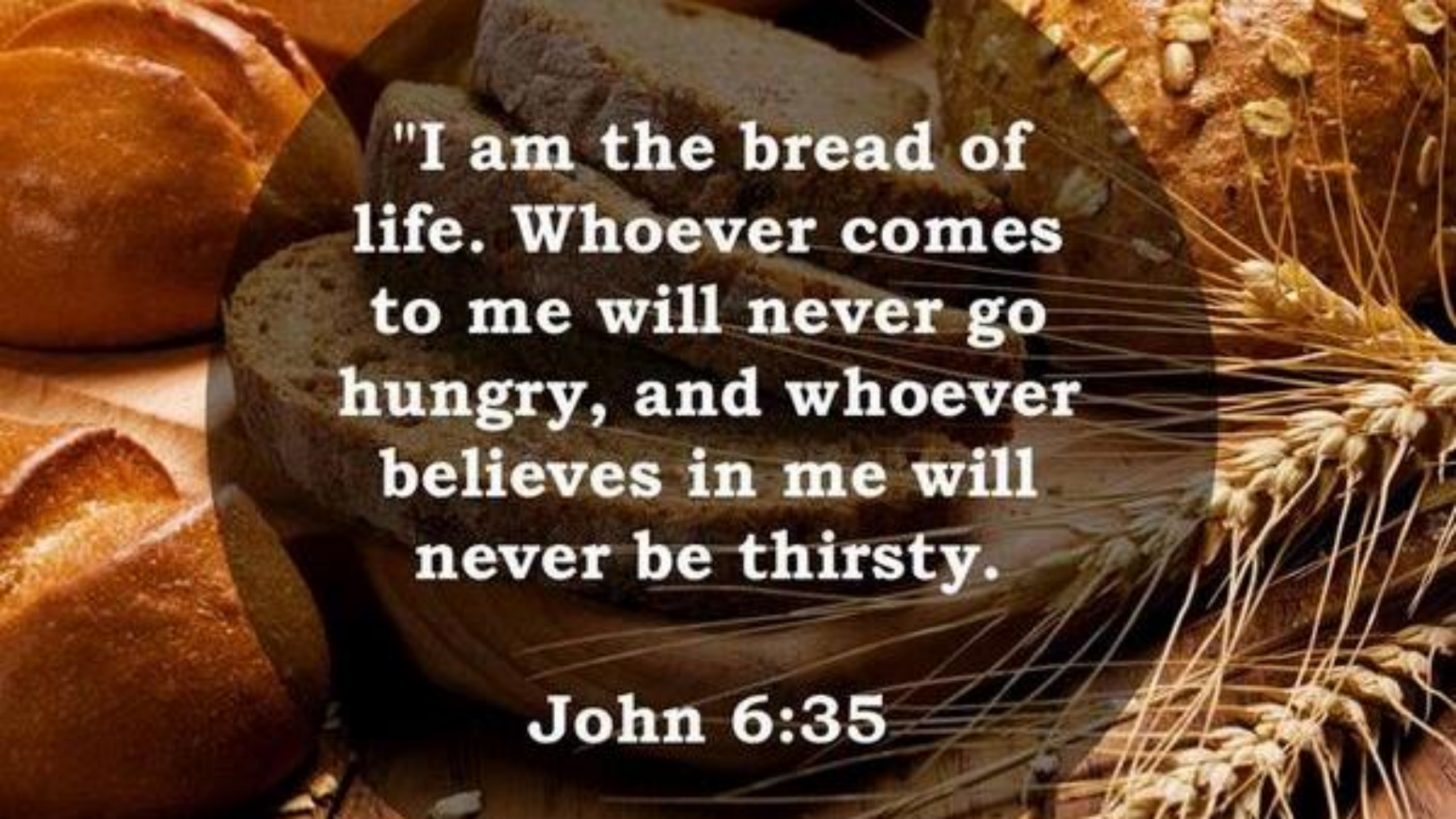
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Jesus said to them, 'Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world.'

**'Sir,' they said, 'always give us this bread.'**







**"I am the bread of  
life. Whoever comes  
to me will never go  
hungry, and whoever  
believes in me will  
never be thirsty."**

**John 6:35**



# John 6:38-40

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For I have come down from heaven not to do my will but to do the will of him who sent me. And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.'





# John 6:48-51

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**I am the bread of life.** Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. **I am the living bread** that came down from heaven. Whoever eats this bread will live for ever. This bread is my flesh, which I will give for the life of the world.'





