

Questions week beginning 13 July 2026

Icebreaker: Do you prefer spending time with people who are like you, or with those different from you?

READ PHILIPPIANS 4:1-9

- What words does Paul use within this passage to describe his relationship with the Philippians?
- How would you describe Euodia and Syntyche's relationship? (verses 2-3)
- What does Paul want them to do?
- What does Paul want others in the church to do?
- When we see conflict between individuals in a church, how should we get involved?
- In verse 4, why does Paul repeat the instruction to rejoice in the Lord?
- In what circumstances does Paul say we should rejoice in the Lord?
- In what circumstances does Paul say we should pray? (verse 6)
- In what ways does Paul say we should pray?
- What does Paul promise God will give us when we pray? (verse 7)
- How is the peace of God an effective guard for us?
- Do you have any stories of how God has given you peace in this way?
- What does Paul advise us to feed our minds with? (verse 8)
- What sources do you most commonly go to for news, or information, or entertainment? How much do they model the values in verse 8?
- Whose example should the Philippians be following?
- How should we respond when we think about something good or see a good example? (verse 9)
- When we put into practice what we learn or see, where will God be?
- What word does Paul use in verse 5 to describe how we should relate to other people? (Read this verse in a few translations if you have different Bible versions in your group)
- How does this way of doing relationships flow out of how Paul encourages us to rejoice, pray and think?
- How can we make sure we present this attitude to those outside Frimley Baptist Church who come into contact with us?
- Do you have any stories of how people from very different backgrounds have together made a strong witness for Jesus?

READ PHILIPPIANS 4:10-13

- What secret does Paul say he has learned? (verse 12)
- How much is your being content based on only good things happening to you?
- What types of situations has Paul been through? Do you think his learning process was easy?
- What does Paul say enables him to be content in everything? (verse 13)
- Do you have any stories of how God has given you strength in this way?
- How would being content like Paul make a difference to our relationships?